

AMEDD Civilian Corps Chief Msg # 44----Happy Thanksgiving! (25 November 2013)

Hi Everyone,

Just a short message (for real!) to do a couple of things. First, from the AMEDD Civilian Corps Office, Marty, Nancy, and I want to wish all of a very Happy Thanksgiving! We in our country are blessed, with much to be thankful for, and our blessings come in many forms. For us in the Corps, the blessings start with one another, both our families at home and our work family. Without either we would not be the great Team that is Army Medicine. In my 46 years of working with the AMEDD I've had the great fortune to visit many countries across the world. There is no doubt that ours, despite its foibles, is far and away the best. It is an honor to be on this Team that is such a key component of the nation's defense. So this year, we're thankful for our families, our nation, its Army, and the great Army Medicine Team, of which you are all such a vital part. Thank you for what you do every day to make our nation great and to serve its Soldiers and their families. May you have a safe and blessed holiday.

Second Item. As you know, The Surgeon General is leading Army Medicine from a healthcare system to a system for health. A key component of that effort is the Performance Triad of Sleep, Activity, and Nutrition (SAN). While the Army is now working on a policy to support a program of activity for civilians, it isn't out yet. As a result, I thought it would be a good idea if we could steal ideas from one another. If you would share with us what you are doing in your organization to support the Performance Triad (any or all parts of it), we can post it to the website and others can pick and choose as it suits them. Help out the Corps as a whole and send in the ideas that seem to be having an impact where you are; it may very well help other folks too. Just go to the AMEDD Civilian Corp website (<https://ameddciviliancorps.amedd.army.mil>) and use the "Contact Us" link on the top right to send us a message. We'll compile and post for all to use. Thanx in advance for your support.

Finally, a few words about the Army Profession. Recall from a previous message (#41 I believe) that the two components of the Army Profession are the Profession of Arms, our uniformed Teammates, and the Army Civilian Corps. The fact that the Civilian Corps is recognized as a key element of the Profession is a true leap forward for those of us who serve the Army in a non-uniformed capacity. We've earned that recognition over many years of amazingly dedicated service resulting in the excellence we bring to the mission every day. As we continue to grow in our roles in the Profession we must focus on three elements: Competence, Character, and Commitment. Giving our best in these areas will help us through the tough times associated with funding restrictions, ensure the best in mission accomplishment, and solidify our position as true professionals in all we do. By doing so we will make our optimal contribution to performance against The Surgeon General's imperatives that drive Army Medicine: Combat Casualty Care, a Medically Ready Force, a Ready Medical Force, and Care to Soldiers, Retirees, and their Families. We'll talk more about this in the future but it's important enough that I wanted to reemphasize it now to set the stage for future discussions.

So, that's it. Have a very happy and safe Thanksgiving. Take care of yourselves and your loved ones. If you're traveling like I will be (off to Carolina to visit daughter, son-in-law and three grandkids), please take extra care. A little common sense goes a long way. See you after the holidays.

Many blessings,

gregg

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